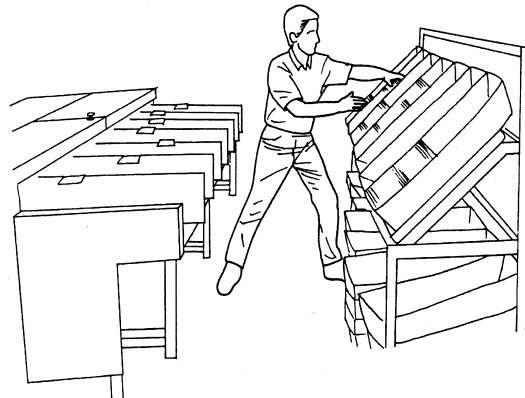


Sweeping the AFCS is a two handed operation that can easily be done with wide stance. This allows the stress of the reach to be absorbed more by your legs than your back.



Keeping a wide stance allows you to reach from the AFCS to the tray rack and deposit the mail. As you can see the bend/twisting is taken up by the legs not the back.

AFCS AREA SWEEPING