



COMMON TRANSFERS

HANDBOOK PAGES: 39-44

There are many types of transfers we make on a regular basis. These include transfers to and from easy chairs, Geri chairs, the commode, the sofa or love seat, at the dinner table and to bed to name a few.

Always use the elements of the Basic PowerLift® /Crab Walk Transfer:

Approach from a 45 degree angle.

Get close to your resident.

Lift with your legs like an elevator instead of your back like a crane.

Use Crab Walk to move your resident.

Always move furniture and obstructions out of the way.

Use these components to make your workspace safer and to protect yourself as well as your resident.