





## HANDLING PALLETS FROM A LOW STACK

Here's a great way to pull a pallet from a low stack. Take a wide POWERLIFT® Stance in front of the pallets. Bridge to your thigh with one hand and reach for the <u>corner of the pallet</u> with the other hand.

Lift the end of the pallet and begin pulling it to you. As it comes up, grasp the underside of the pallet with the hand that was bridging to your thigh. Then, as you lift and pull, move one corner of the pallet off the bottom pallet.

Now, use the hand that is under the pallet to  $\underline{\text{tip it onto its corner}}$ . At this point you can lower your side of the pallet to the floor and push it to your destination. This method is quick and easy  $\underline{\text{and}}$  keeps your back out of the work.