



LIFTING AND STACKING BEER KEGS

Here is a great way to lift and stack a beer keg with your legs. First, tip the keg then actually step over it in a wide stance with your knees bent. That way the load is under you and not out in front of you for the lift. If you are standing next to the keg onto which you want to stack another, you can lift the keg with your legs and without even taking a step, place the lifted on top of the bottom keg. This is using POWERLIFT® and it should be the way you do all your jobs!