



## LOADING AN END TREATMENT

Lifting and loading a piece of end treatment is a heavy job and should only be done with your legs. But to use your legs most efficiently, make sure you position yourself in a wide POWERLIFT® stance with your knees bent and learn to tip the load before lifting it. Tipping it brings the load up to you so that you are lifting it from a higher level. Then when you load it to the truck, keep your wide stance and use your legs as you finish the job. Using your legs is the only way to go when you are handling heavy pieces of guard rail. Save your back, always use **POWERLIFT®** !