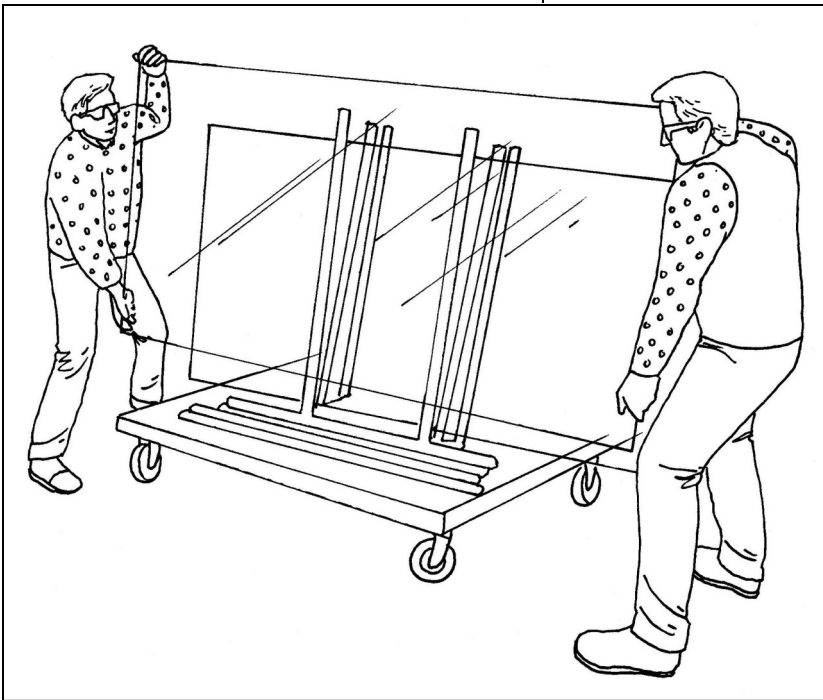
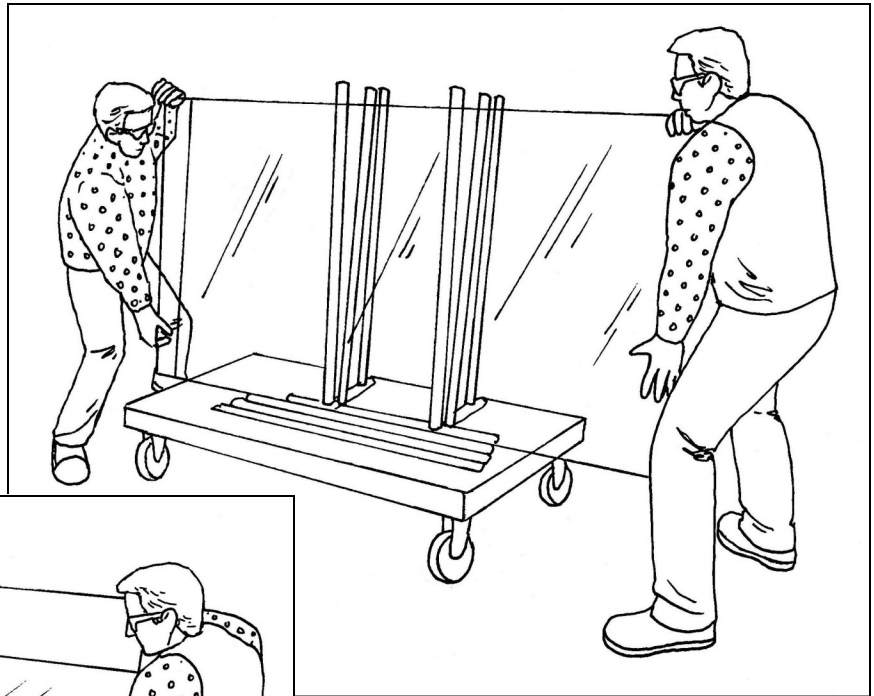


POWERLIFT®
Lifting Training that Works!



LOADING FINISHED IG TO CART - 2 PERSON

Loading finished IG to the cart can be done safely and easily if you use your wide POWERLIFT® stance. As you approach the cart with the glass in your hands, make sure to use your last step to put you into a wide stance. It then becomes easy to lower the glass down to the cart with your legs instead of your back. Working like this will keep you healthy so that you will be able to work as the years go by. What would you think if your back prevented you from getting employment? Don't let that happen, always use a wide stance and your legs and not your back!