





PICKING BUCKETS

To pick a bucket from under a rack, <u>forget about using the handle</u>. To make the job easy, work from the <u>corner of the pallet</u>. Put one foot in between the pallets, or on top of the pallet if there is no room for your foot to go in between.

Now use a <u>PowerLift®</u> /<u>Tip-the-Load</u> as you handle and lift the bucket. If you are too far under the rack, let the bucket rest on the stock as you <u>step both feet out towards the aisle before you lift it.</u>

Keep your wide stance as you use your legs to come out from under the rack with the bucket. This keeps your back out of the lift and puts your legs to work.