



PICKING FROM PALLETS

Use standard wide stance POWERLIFT® technique by approaching from a 45 degree angle when possible. If you can't approach from a 45 degree angle, create one by pulling the load toward you, then lifting with POWERLIFT®. Also, utilize Tip the Load technique whenever appropriate with this job.

Remember, it is ok to put one foot up on the pallet if you can't get at the corner. Just make sure your foot is over one of the three ribs of the pallet so your foot doesn't break through.