



1. To use POWERLIFT® you must put a foot under the shelf while keeping a wide stance. You can put your foot along side of the pallet or actually on the pallet. Note that one foot remains in front of the pallet. This keeps your head low and towards the front of the shelving, giving you room to move.

2. Next, slide the load towards you.

3. As the load tips off the stack allow it to move in between your legs as you grasp it with your hands and arms. Step out from under the shelf and carry the load away.

## PICKING UNDER SHELVING