



PULLING LONG EXTRUSION FROM THE RACK

Pulling really long extrusions from upper racks has to be a two step task to be done safely. First, pull the extrusion out to a comfortable length. Note that the worker on the ladder has one foot up and one foot down for stability as he pulls the item. Then, with the extrusion half way out, get off the ladder and walk to the end of the load and finish the lift from there. Trying to do this all as one move is not a good idea for many obvious reasons. Never take chances when you work. The mistake you make could be your last!