



STACKING AN EMPTY 55 GALLON DRUM

To lift an empty drum, remember that you are about to handle a tall object and to deal with tall objects you first have to tip the load away from you. Tipping it away makes room for you to step over and around it to get close. Then with your knees bent, lift the drum up to your thigh and “knee it up” with your leg. Using your leg to knee it up is the same technique that farmers use to lift heavy hay bales. This is a technique you can use for lots of heavy items, so learn it and use it for your benefit!