



Tipping the Utility Cart is a very simple procedure that unfortunately is often done with the back. Wide stance can very easily be used for tipping the Utility Cart, as seen in the above illustration. Remember that once you learn to use wide stance POWERLIFT® for jobs as simple as this, you will no doubt be learning to use POWERLIFT® for nearly all your lifting tasks. Avoid bend/twisting always; because this leads to an eventual deterioration of your back. Instead always use POWERLIFT®.

## **TIPPING THE UTILITY CART**