

ENTERING YOUR VEHICLE

You 've heard it a hundred times, "use a three point contact" when entering and exiting your vehicle. Sometimes after hearing it so many times, we start to get absent minded about it and forget to do it. But think of the consequences of a slip and fall. You can and many people do, suffer serious injury falling down from the side of a truck or other equipment. And you know, you just can 't work if you are all busted up. So think about what you are doing and use your three point contact, always!