



The Tripod technique is a quick, safe and effective way to lift an armful of wood. Get down to the wood with a Tripod stance. Lift the wood with one hand and stack it in your arm. When you are ready to stand, bridge your free arm to your leg and push off on your thigh as you rise. This way the lifting is being done with your legs and not your back!

LIFTING FIREPLACE WOOD USING THE TRIPOD LIFT