





These two workers are lifting the pump the hard way. They are doing a <u>half-back/half-leg lift</u>. Your legs are not nearly as strong in this position and it pulls your back into the lift.

A much stronger way to lift a large heavy load like this is to use a <u>PowerLift®</u> <u>Tip-the-Load</u>. Note how both workers are standing with a wide stance and have tipped the load to bring it up to them. Their <u>knees are bent</u>, <u>backs locked in neutral</u> and they are <u>close to the load</u>. This is the safest and strongest way to lift something like a large heavy pump or generator.

LIFTING HEAVY GENERATORS & PUMPS