



Here is a good way to lift plywood forms. The worker has moved himself closer to the load by coming at it from an <u>angle</u>. Using a 45 degree angle to the load gets you much closer, makes it easier to reach the bottom of the form and keeps your head out of the way as you lift. Try this method and feel how much easier it makes it to lift and handle large objects like forms.

LIFTING PLYWOOD FORMS