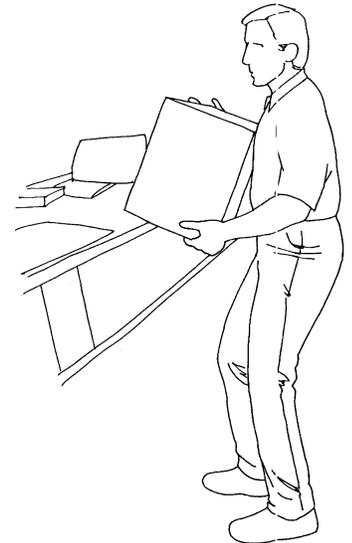




One of the basic techniques for removing parcels from the Culling Belt is to use the Golfer's Bend, which is seen in the Illustration to the left. The Golfer's Bend technique is extremely effective, especially if you lean the thigh of the standing leg into the frame of the Culling Belt as you reach out for the parcel. This same method also works when reaching for flats and other assorted loose mail.

Another highly effective method of removing a parcel from the Culling Belt is to roll it off the belt rather than lift it. As seen in this illustration, the worker has reached out to the far side of the parcel and roll the parcel up and over the edge of the Culling Belt right into his lap. This technique is much easier than trying to lift the parcel from the belt.



Finally, if you must transfer the parcel across the belt and into another container keep in mind the technique that athlete's use for throwing the football. When a quarterback throws a pass he generally will step into the direction of the throw. You can do the same thing at the Culling Belt but because the frame of the belt is in your way you need take a step back with one foot before you transfer the parcel. This places you into a wide POWERLIFT® stance and allows you to use your legs for a good portion of the transfer rather than just your upper body and arms.

THE CULLING BELT