



## TOILETING

HANDBOOK PAGES: 76-82

Very often we need to work in bathrooms that are cramped and seem too small to use safe transfer methods. However, look at the problem from this point of view. Your bathrooms generally are **not too small** to **POWERLIFT®** and **Crab Walk** in, if in fact, **the wheelchair is kept out of the room.** Reviewing the DVD chapter on toileting will show you several methods of getting the wheelchair out of your way. Also, consider this: slipping your leg into a tight space when using **POWERLIFT®** is much easier than trying to squeeze your body into the same area.

If a resident, for whatever reason, is too difficult to handle in their particular bathroom, use a **commode or toilet them in a larger communal bathroom.** As always, be keenly aware of the resident's personal privacy in these situations. In addition, learn to maintain a wide stance **POWERLIFT®** position with the **load close** as you undress, dress and clean your resident and to use **Crab Walk** to move the resident.