



WORKING FROM A MAN-LIFT

When reaching out from a cherry-picker you can decrease the stress on your back by doing these two simple things. One, is to install a foot rail inside the cage so that you can put one foot up as you reach. The other, is to lean your body against the frame of the cage to support yourself. The combination of these two things will make working from a lift much easier with a whole lot less strain on your back!