



CART LOADING FROM THE WRAPPER

Tipping the wrapped window units from the catcher to the cart is a simple and easy job, unless you are making it harder by lifting your upper body weight. If you stand and bend over to reach the wrapped windows at your waist, your low back is being forced to lift the weight of your upper body each time you tip a unit. Don't work so hard!! Get rid of the upper body weight by using a wide stance with your knees bent. That way your legs are doing the work, without the hauling around your upper body weight. Work smart and use your legs for a less fatiguing day!