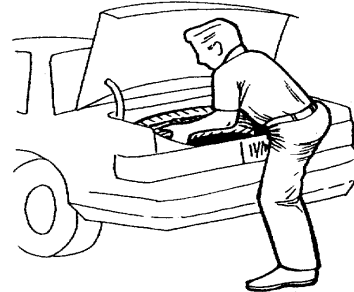
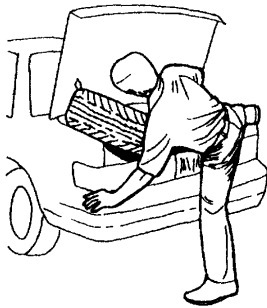


1. Face trunk at a 45° angle and hold onto the car for support. Use a Golfer's Bend to swing your leg up and into the trunk.



2. With your foot in the trunk and close to the load, lift the load out and rest it on the lip of the trunk. Use a towel to protect the finish.



3. With the load resting on the car, balance it with one hand while holding onto the car with the other. When secure, use another Golfer's Bend to swing your leg out of the trunk.



4. Once you are out, kick a foot out for a POWERLIFT® stance, drop the load into you and you are on your way!

CAR TRUNK (Foot in Trunk)

When lifting heavy loads out of car trunks, you may not be able to get close enough to the load by leaning your thighs on the bumper. Instead, you may have to swing your foot into the trunk. This not only gets you close to the load but also puts you in a wide stance POWERLIFT® position to aid you in the lift.