



CLOSING A #9 FIBER VAULT COVER

Using your foot and leg to close a vault cover is almost a given. You probably do it this way because it is the strongest way and makes the job easier than going down and doing it by hand. If your legs work better for doing this type of job then they should work better for doing lots of jobs. Make up your mind that you are not going to use your back any more than you have to. Use your legs simply because they make you stronger, they protect your back and they make the jobs you do easier!