



## ENTERING AND EXITING YOUR VEHICLE

When climbing in and out of your truck always use a 3-point contact! You never know when a slip and fall is coming, so it is always better to be prepared at all times.

Jumping out of your truck can be even worse! If you twist your ankle or injure yourself in some other way, you could lose your ability to work and earn a living. **BE SAFE** and always use a 3-point contact in and out of your vehicle.