



Never lift a salt bag like the person in the illustration above. This is a pure back lift and can easily strain or sprain you back. Instead use a wide stance **POWERLIFT®** for the job. To do this, forget about using the handle of the salt bag. The handle is useful for pulling the bag off of a grocery store shelf but is relatively useless for lifting and pouring the salt into the softener. Instead, take a wide stance over the bag of salt and bend your knees. Then to make the lift easier, tip the bag so it's corner comes up and gives you a *better* handle to grasp. Now to work smarter instead of harder, have a chair or table sitting in front of the softener to sit the bag on once you lift it. From there it is a simple matter of tipping the bag over and into the softener. This is a smart and easy way to do a sometimes difficult task!

HANDLING WATER SOFTENER SALT