



## LIFTING A PACKAGE WRAPPER TO THE TABLE

Lifting a large bulky package wrapper to the table can be done safely and easily if you use a wide stance **POWERLIFT**<sup>®</sup>. The wide stance lets you stay close to the load, keeping the weight off your back and allows your legs to do the work. When you approach the table, use your last step to set up your wide stance and try to stay at the corner of the table at the same time. Stepping around the corner of the table lets you continue staying close to the load, making the job easier on you. Use your legs for whatever you are doing both at home and on the job. It is the smart way to work!