



LOADING THE TRUCK

No matter how you go about loading the truck, you will gradually build the stack from the ground up. It is important to remember to use your legs even as the height of the load increases. To do that is simple, if you use your last step toward the stack to put you into a wide POWERLIFT® stance. That way you will keep your back out of the work no matter what height you are building to. Always use your legs and keep your back out of the job and you will find you can work faster with less stress and fatigue!