



To move the sack from the pile to the Platform Truck you must keep your wide stance. If the Platform Truck is directly behind you, as in the above illustration, then it becomes necessary to move your foot back and forth as you pivot from pile to Platform Truck. Minimize using your back by using POWERLIFT® and use a wide stance to do this job.



The same technique applies when moving sacks from the Platform Truck to a pile or pallet. Pull the sack from the Platform Truck while in wide stance and lift it only once it drops between your knees. Then swing your foot around towards the pile rather than twisting at your back towards the pile. Your legs are made for this type of work.

MAIL SACKS TO AND FROM THE PLATFORM TRUCK