



When pulling loads from the top of the APC, try this method. Stand in a wide stance at an angle to the front of the APC and pull the load to you with one hand, while pushing off with the opposite hand. As the tub or tray moves to the edge, catch its opposite handle with your free hand prior to the tray dropping. Avoid the strain of a sudden impact of the load.

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If the tub or tray is at the bottom of the APC, stand with wide stance at an angle and pull the load to the area between your knees and lift it only after it has been pulled close to you. Remember that various heights and positions of the tubs and trays in the APC will determine which angle you will use as you face the APC to pull the load.

* Ensure top shelf is securely locked in the up position prior to loading or unloading the bottom shelf.

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