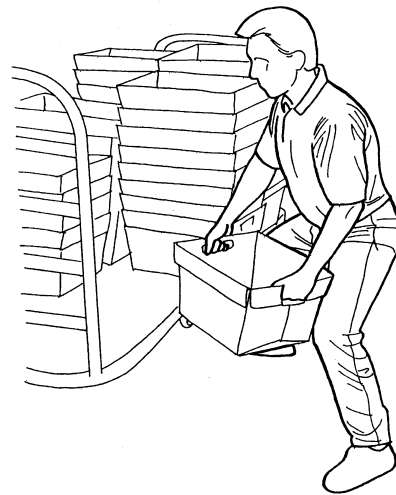




The most frequent mistake made when pulling tubs and trays from the Platform Truck is to do a dead lift. Anytime a load is coming off from a Platform Truck be sure to pull it to you in wide stance. This way the load moves directly between your knees and the lift occurs with the load much closer to you than it otherwise would be.



Another technique that you should perfect is to catch the opposite handle of the tub or tray prior to it coming off of the Platform Truck to avoid the jerk of the load. This makes for efficient work and is actually faster than the old way.

- ▶ Practice pulling tubs and trays from the Platform Truck in wide stance. Learn that various heights and positions on the Platform Truck will require that you stand at various and different angles so as to make the pull towards you fast and efficient.

TUBS AND TRAYS FROM THE PLATFORM TRUCK