



## USING THE STOCK LADDER

The rails of the stock ladder are put there to protect you from falling off the ladder, but they sure can get in the way when you go to pick stock. The easiest and best way to get around the rail is to actually go under it. Position the ladder so that the object you will be picking is positioned in between the rail and the steps of the ladder. Then, with one foot up on the upper step and one foot down on the step below, reach for the item and pull it to you between the rails. This is a smart way to work and will protect you from falling and keep your back safe all at the same time!