



## **POWERLIFT — ON A LOAD WITHOUT HANDLES**

To POWERLIFT® a load without handles follow these simple steps.

- 1- Approach the load from the corner, it fits better that way.
- 2- Step over the load in a wide stance, this gets you closer.
- 3- Make sure you have one foot a little farther from the load to make a space in which to tip it.
- 4- Tip the load. This brings the weight of the load up off the floor.
- 5- Lift it with your legs like an elevator instead of with your back like a crane.

Always tip-the-load any time you are lifting something that does not have handles!