



## PULLING TO GET THE CART MOVING

The hardest part about moving a heavy stock cart is to get it moving. The easiest way to get a cart moving is to pull it with both hands. To do that, grip the cart with your outside hand low on the handle and your inside hand on the crossbar, as seen above. Then with a wide stance at an angle to the cart, drop your seat to add body weight as you push with your legs and pull with your arms. Once the cart is moving, you can step to the side of it and begin pushing it. This is the easiest way to get a cart moving that you will ever find!