

BRAKE CHANGE

Changing out the brakes is a heavy job and should never be done with your back. Just as soon as you begin handling the brake as you maneuver it on the cart, you should be in a <u>wide PowerLIFT® stance position</u>. Then as you lift the brake to install it, stay in that wide stance so your <u>legs carry the weight</u>. The wide stance will also give you a much <u>longer reach</u> so that you can <u>keep the load close to you</u> as you move it.

Always work with a wide **PowerLIFT®** stance!