



CHANGING TIRES—PRY BAR

There are many ways to lift a tire up to the hub. One way is to use a pry bar like the worker above. In this case the pry bar is a tire iron. To do it, first position the tire so that the lug nuts are all lined up with the tire sitting on the floor. Then roll the tire back, set the tire iron down and roll the tire back up onto the iron. When you lift up on the tire iron the wheel will come up in perfect alignment so that you can shove it onto the lug nuts. This is a simple method but will go a long way to saving wear and tear on your back!