



DIETARY DEPARTMENT

There are an infinite number of tasks that must be performed in the **Dietary Department**. We can use **POWERLIFT**[®] for nearly all tasks. However, there are always problem situations that crop up where it is impossible to use good, safe technique. These are the moments when we need to **stop, think and get help**.

There are over 100 Mini Sessions depicting many different tasks that you may be faced with while performing tasks in the kitchen. Review them and learn to take your back out of the task with **POWERLIFT**[®].