



## HANDLING BEER KEGS

No matter if a beer keg is empty or full, it is a large and heavy load to move around. Handling a keg is a great time to us POWERLIFT® as the wide stance keeps your knees out of the way so you can roll or slide the it to where you want it. The wide stance and bent knees also take your back out of the work and let your stronger legs move the load. Keeping your back out of your work is the only way to avoid wearing it down and ending up unable to enjoy the things in life that you used to do. Always, make your work stance a wide POWERLIFT® stance and you can avoid back trouble for a life time!