



## HANDLING THE GPU CONNECTOR

Tugging on the GPU connector to unplug it and plug it in can lead to a twisting of your back because the connector is up high. To avoid the twisting of the back, simply use a <u>wide stance</u> and <u>bend your knees a bit</u>. That put the twisting in your hips and legs and not your back. It is always wise to be <u>aware of situations</u> that can twist your back!