





Never, ever use your back like this to cut material with a saw. This is back lifting and will gradually wear down your back and get you a good case of low back arthritis.

When handling a chain saw or chop saw always stand with a <u>wide Power stance</u>. Note also how the worker is standing at a <u>45 degree angle</u> to the piece he is cutting. Standing at an angle opens up space on one side of you so you can more easily handle the saw and stay close to the work. In addition, if the saw kicks back, your face is well out of the way. This is a very strong position to be in when you work and is a great example of using **PowerLift**<sub>®</sub>!

## HANDLING THE POWER SAW