

## **INSTALLING A TRAFFIC CONTROL DRUM**

If you are going to use one hand only to pick up the sandbag for a Traffic Control Drum,, be sure to maximize your strength and minimize the loading on your back by bridging your free hand to your thigh as you lift. When lifting the barrel, use your legs in a wide **PowerLift** stance so your back doesn't have to do the work. Then, keep your wide stance as your maneuver the barrel into position. When handling materials, always use your legs and save your back!