



INSTALLING / REMOVING THE SILL PROTECTOR

The sill protector when installed, is below your feet. Because of this it would be difficult to use a wide stance when handling it without bringing your back into the job. To protect your back the best bet is the Tripod stance. Here being down on one knee takes the strain off your back because the Tripod gets you down closer to your work. If necessary, use a knee pad to protect yourself, but never use your back!