



LIFTING BATTERIES FROM THE RACK—MIDDLE SHELVES

Lifting batteries from middle level shelves can be done safely and easily if you use POWERLIFT®. To do this, always stand at an angle to the rack. Standing at an angle opens up a space for you to move the battery into as you lift it. This will keep the heavy battery as close to you as possible in order to keep the stress off your back. As you lift the battery and bring it in close to you make sure that it stays close by moving your feet as you go to sit it down on the cart. Never let a heavy load like a battery move too far away from you as you lift it. The amount of stress a battery can put on your back is plenty enough to tear ligaments and disable you from work. Staying healthy and being able to work is the best way to go through your working years!