



## LIFTING BODY PANELS

Lifting large body panels can be done easily in two different ways. First, you can simply use a wide POWERLIFT<sup>®</sup> stance, grasp them from the sides and lift them. But if the panels are heavy, it is a good idea to tip them first to bring the load up to you. Tipping them also helps to create an easier hand hold to grip them from the sides. Either method works great as long as you remember to use a wide stance, bend your knees and lift with your legs!