



Lifting children all day long can and will take a toll on your low back. The best way to get away from the back lifting is with a wide stance POWERLIFT®. Stand toward the front or back corner of the chair with your wide stance and bend your knees. This way you get closer to the child and your legs will do the lifting instead of your back. Save your back, use **POWERLIFT®**.

LIFTING YOUR CHILD FROM THE HIGH CHAIR