



LIFTING COLD MIX FROM THE PALLET

If you stand at one of the four corners of a pallet, you can reach anything that is on that pallet, so long as you are in a wide stance with your knees bent. In addition, if the load is on top of the pallet, it is being held about five inches off the ground, so you can dead lift it straight up. If it were on the ground, you would want to tip-the-load before lifting it to bring it up to you. There are lots of ways of making your job easier and safer and **POWERLIFT®** is one of them. Use your legs for everything you do and keep your back healthy for later in life!