

There are two ways to lift fireplace wood. One is to use the **PowerLift®** Tip-the-Load technique as seen above or to use a One-handed, Bridged **PowerLift®**. If you are lifting one piece, the best way is to tip it before you lift it. That way the wood comes up to you part way instead of you reaching all the way to the ground for it. For multiple pieces, bridge the arm that is holding the wood to your leg while your other arm and hand reaches for the wood. That way your back is not holding the load, your legs are!

## LIFTING FIREPLACE WOOD USING POWERLIFT®