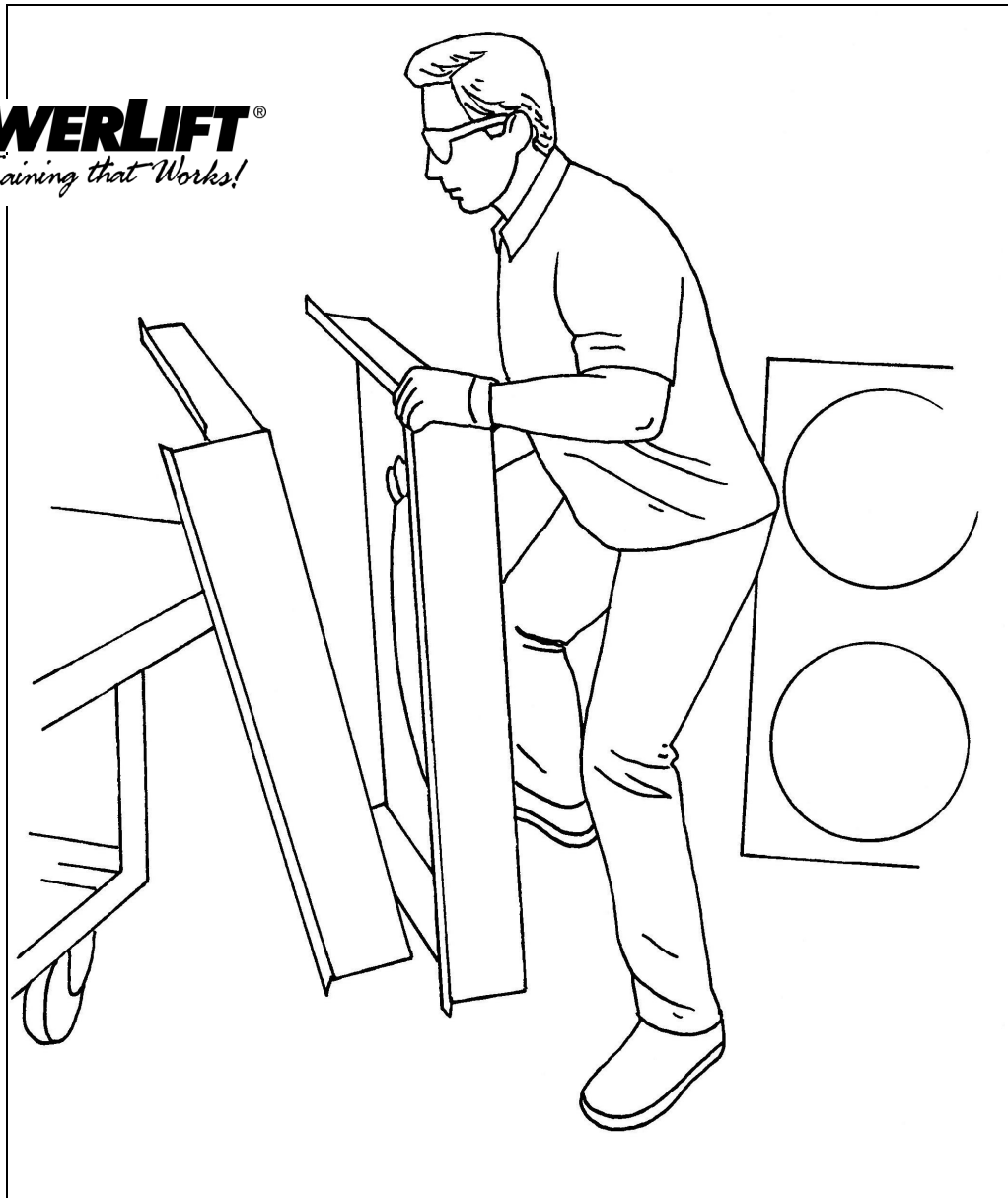


POWERLIFT®
Lifting Training that Works!



LIFTING A LARGE FAN PANEL

Lifting a fan panel is so routine of a job that we probably do it without even thinking. But when our jobs get as automatic as this, we also tend to use our back. A much better way to keep yourself in the picture and on the job is to get into the habit of using your legs and POWERLIFT®. That way you will not have to think about taking a wide stance and bending your knees each time you do something. This kind of a habit has lots of upside for you because your job will not be as fatiguing, you can get rid of those back aches and pains and you will be able to retire in much better shape than otherwise!