



LIFTING TALL CONTAINERS

To lift a tall container, use this method. As you approach the object to be lifted, use your last step to place one foot right next to the container. Then, push the container away from you, while at the same time, stepping around it with your opposite foot. This will leave you close to the load and in a POWERLIFT® position with the load resting directly between your feet. You will also find that tipping the load in this fashion, creates a handle out of one of the top corners, as well as a bottom corner. This is a great way to lift tall objects.

This technique works well on many different types of tall objects. Practice with your group and problem solve lifting on any task that requires your workers to lift and/or dump tall containers. Try lifting both the old way and the new way, and you will soon discover that tipping the load and stepping around it, is the most efficient way to lift most tall objects.