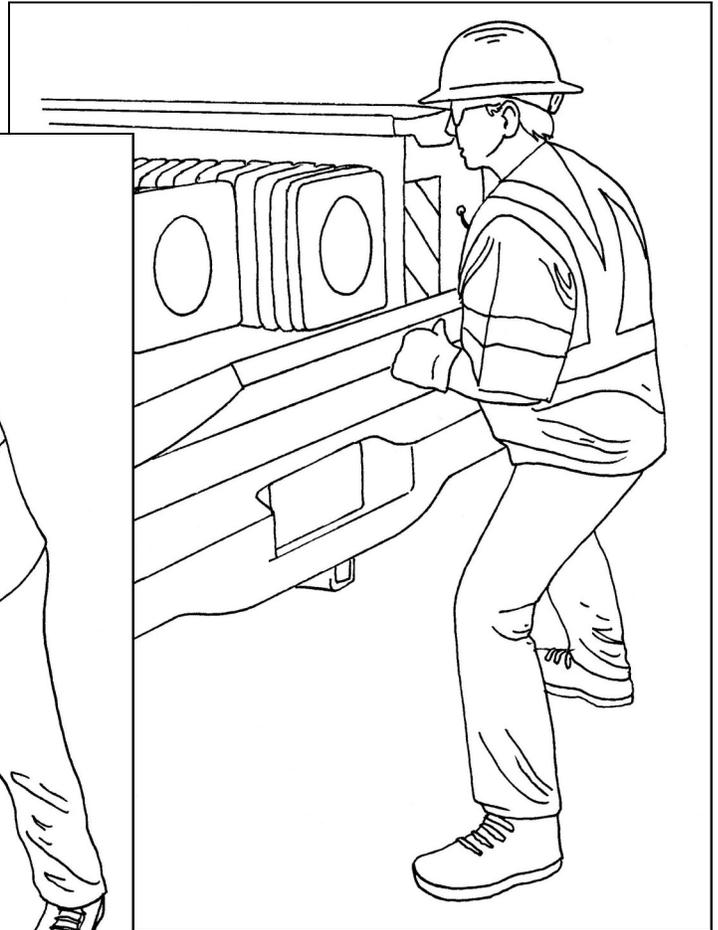
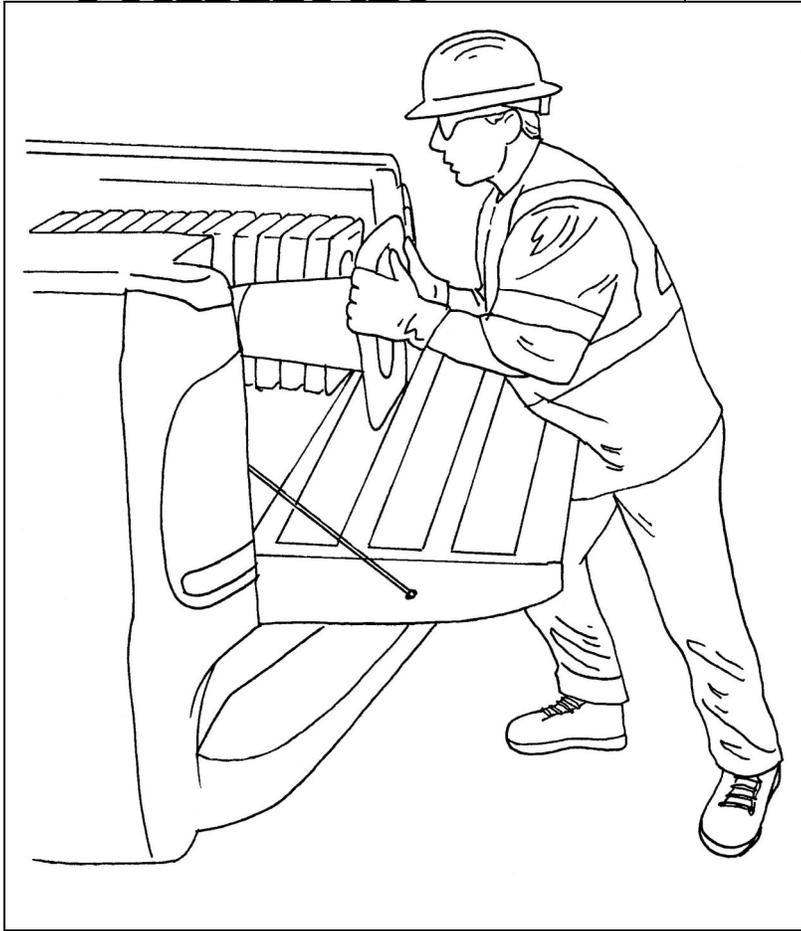


**POWERLIFT®**



## LOADING CONES TO THE PICKUP

Loading cones requires that they have to be pushed forward as you load them. If you stand with your feet together and with your knees straight, you are pushing with your back. To get a stronger push and to use your legs, step back with one foot, bend your knees a little and push with your legs. Your legs are twice as strong as your back and will make the job easier. Closing the tail-gate can also be done with your legs. Just bend them as you reach under the gate with your hands and use your legs to lift it. This is using **POWERLIFT®** and will keep your back in working shape all your life!