



LOADING FROM THE SIDE OF THE CONVEYOR

Pulling stock from the side of the conveyor when loading the truck can be done quickly and easily with your legs. Since your legs are twice as strong as you back you will not get nearly as tired doing this job with your legs than if you use your back. Always keep a wide stance and pull the load to you before you lift it. And one other little move that makes the job easier, is to tip the load towards you just as you lift it. This is using POWERLIFT® and will help to protect your back as well as make the job easier on you!