



LOADING THE TRUCK WITH THE HAND CART

Loading a truck from a hand cart requires lots of repetitive bending and lifting. Using your back for this job, day after week after year can eventually wear you down and make you old before your time. To avoid all that wear and tear, remember to use a POWERLIFT® Tip-the-Load as you lift cases from the hand-cart. Then just as important, step into a wide stance and use your legs to place the case onto the stack in the truck. Your legs are made to do this kind of work over many years, unfortunately, your back is not. Protect yourself and always use POWERLIFT®.